



SUNSHINE BEACH SURF LIFE SAVING CLUB

COMPETENCY ASSESSMENT – POOL SWIM ACTIVES PROFICIENCY AND NEW BRONZE/SRC MEMBERS

This form is to be completed by an SLSA assessor or accredited swim coach.

All members are required to complete a preliminary swim in a pool of no less than 25 metres or over a measured open water course with adequate water safety.

The swim assessment will only be accepted as valid if the assessor or coach is accredited and supplies their accreditation number.

Members who cannot demonstrate the required level of competency will not be permitted to continue with training or proficiency assessment.

Qualification	✓	Competency Assessment
Bronze Medallion (BM) – New & Proficiency		400-metres freestyle in 9 minutes or less
Surf Rescue Certificate (SRC) – New & Proficiency		200-metres freestyle in 5 minutes or less

Name:			
Qualification:		Swim Time:	
Assessor/Coach Declaration: The Above mentioned swimmer has successfully completed a preliminary pool swim assessment for the appropriate qualification.			
Assessor/Coach's Name:			
Accreditation Number:		Expiry:	
Assessor/Coach's Signature:		Date:	

OFFICE USE			
Course Number:		Start Date:	
Trainer's Name:		Received:	