



## SUNSHINE BEACH SLSC

### **Preliminary Assessment - Pool Swim Active Proficiencies and New Bronze/SRC Members**

This form is to be completed by an SLSA assessor or accredited swim coach. All members are required to complete a preliminary swim in a pool of no less than 25 metres or over a measured open water course with adequate water safety.

The swim assessment will only be accepted as valid if the assessor or coach is accredited and supplies their accreditation number.

Members who cannot demonstrate the required level of competency will not be permitted to continue with training or proficiency assessment.

<b>Qualification</b>	<b>Preliminary Assessment</b>
Bronze Medallion (BM)	400-metres freestyle in 9 minutes or less
Surf Rescue Certificate (SRC)	200-metres freestyle in 5 minutes or less
Active Proficiency (BM prof/SRC prof)	As above

<b>Name:</b>	
<b>Qualification:</b>	<b>Swim Time:</b>
<b>Assessor/Coach Declaration:</b> The Above mentioned swimmer has successfully completed a preliminary pool swim assessment for the appropriate qualification.	
<b>Assessor/Coach's Name:</b>	
<b>Accreditation Number:</b>	<b>Expiry:</b>
<b>Assessor/Coach's Signature:</b>	<b>Date:</b>