

BEACH



NIPPERS

HANDBOOK

2011/2012



Sunshine Beach Surf Life Saving Club Inc

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Cover by Jenny Nolan

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Welcome

Sunshine Beach SLSC has strived to be at the forefront, in the development of our future lifesavers through it's Junior Activities Program.

The program first began in 1994, and has now developed into one of the most successful and recognised junior sporting programs in Queensland. From our Club Sundays to the Surf Sports arena, we look to provide our young lifesavers with the confidence, knowledge and skills in a fun and enjoyable environment, whilst promoting fair play, teamwork and a healthy active lifestyle.

The high standards achieved by our Nippers can be attributed to their level of commitment, along with the many talents of our very energetic Age Managers, Coaches, Parents and Supporters.

We are looking forward to another great season and encourage everyone to get involved in the best kept secret on the Coast; Sunshine Beach Nippers!

Craig Law

Junior Activities Chairman



History of Nippers

Sunshine Beach Surf Lifesaving Club has only recently celebrated its 30th patrolling anniversary after it was formed by 25 local surfers, persuaded by Marjorie Tripp, to begin the club in a tin shed. The club now has a large number of active members performing preventative actions and rescues each season and enjoying the wonderful clubhouse facilities.

With the growth of the community and our club, the need for a Junior Activities "Nippers" program was evident, so after much discussion our 'Nippers' first hit the beach in the 1993/94 season with 45 members. Our Nipper ranks have steadily increased in number each season since then and our program and sport achievements along with them. The great family atmosphere of Club Sundays remains, whilst at the same time our success in competition has reached new heights.

The surf club is the perfect family activity with nipper and cadet programs teaching surf safety and water confidence to our children and adults finding pleasure in volunteering and mateship through our social and lifesaving activities.

Membership Fees

Parents/guardians must join the club for insurance purposes.

All members 18yrs+ must hold a Bluecard (see screening policy; page 15)

Category	Description	Fees
Nipper (Under 6- Under 14)	5yrs to 13yrs @ 1 st October	\$40
Nipper Season Levy	Per Family	\$80
Family Cap	4+ persons (relative to U6-U14 nippers only)	\$190
Associate	Parent/carer - non Active adult	\$30
Associate Dual Membership	2 x non Active adults living at the same address	\$55
Active Adult	Patrol member 18+ yrs Includes: Senior Active, Award, Long Service, Reserve Active & Past Active members	\$45
Cadet / Junior Active	Patrol member 14 yrs to 17yrs	\$35

Calendar Dates & Club News

The Nipper season begins in September and finishes in March. Club Sundays are not held on the Rainbow Carnival weekend in October and for 2 weeks over the Christmas period. Our Nipper calendar outlines important dates throughout the season and we strongly recommended that you keep this calendar in view. Nipper families receive the Club newsletter "Sea Eagle" via email each week and important news will also be circulated via email. Our website is updated with Nipper info regularly, go to: www.sunshinebeachslsc.com.au and click on the Nippers page under Lifesaving.

Committee

Junior Activities Chairman	Craig Law
Deputy Chairman	Ron Greentree
Secretary	VACANT
Treasurer	VACANT
Registrar	VACANT
Senior Team Manager (U11-U14)	Warick Redwood
Junior Team manager (U8-U10)	Peter Nolan
Fundraising Coordinator	Jasmin Boyd
BBQ Coordinator	Lee Jeynes
Water Safety Coordinator	Ned Liesch
Gear Steward	VACANT

All Committee members are volunteers as are all our helpers including water safety officers, age managers and most of our coaches.

Committee meetings are usually held on the first Wednesday of every month at the Club, upstairs in the Ross Bartlett room. All interested persons are welcome to attend. The Nipper AGM is held at the completion of the nipper season each year.

Club Sundays

Club days are the foundation from which we build basic surf skills, competition skills and awards knowledge. The aims of Club day activities are:

- Instruction in surf safety & surf awareness
- Lifesaving & first aid skill development
- Competitive sport activities
- Platform to senior beach patrolling duties
- Enjoyable social activity for children & parents

Each Sunday begins at **7.45am sharp** outside the roller doors at the Club where important announcements are made about up and coming events, carnivals, fundraising and lots more.

All nippers must be signed on by their parents/guardians before being allowed to participate in Club Sunday Activities. Once Nippers is finished, nippers must be signed off before being allowed to leave the beach.

Please bring a water bottle and a towel to Club Sundays. You may also like to bring a warm jumper during the cooler weather and swim goggles.

Club Sundays finish at approximately 9.30-9.45am

No child will be able to participate on Club Sundays without a parent/guardian present on the beach at all times. If your child needs to leave the beach at any time during Club Sundays, your Age Manager must be notified.

Uniforms

Nippers uniforms are available throughout the year from Club Reception during opening hours - 11.00am till late, 7 days a week.

- Girls Lycra one piece or Lycra sports bikini
- Boys Lycra togs and/or Lycra sports short
- Nipper age group cap
- Rash shirt
- Board singlet
- Club competition cap

Club uniform and age group cap must be worn at all Club Sundays.

In accordance with the Sun Safe Policy we strongly recommend a 30+ block out be applied at least 30 minutes prior to arriving.

Full Club uniform and Club Competition caps are to be worn at all carnivals including 2-way and 3-way carnivals (except U14's who wear them every Club Sunday).

We strongly advise that Lycra club togs should be worn not in chlorinated water.

Age Groups

Each age group can be identified by the colour of the cap that they wear on Club Sundays. This helps Age Managers, Water Safety Officers, Patrol members and you as a parent to keep a track of your children in and out of the water.

Age Group	Age Managers
U6's Green	Steven Boyd plus helpers
U7's Green	As above
U8's Lemon	To be advised
U9's Light Blue	Mark Jacobs
U10's Sea Green	Peter Nolan, Dan Moore, Michelle Coleman
U11's Red	Warick Redwood, Mel Emanuel
U12's Gold	Kirsty Knox, Gabe Cerasani
U13's Sapphire	Peter Brewer, Paul Brady
U14's Club Cap	Max Pettigrove, Kylie Cirillo

Age Managers are responsible for the care of your child from the moment you sign your child on each week until you sign them off. Please introduce yourself to your Age Manager and remember to advise them of any special needs your child may have. Age Managers meet @ 7.30am on Club Sundays while the Gear Steward and helpers set up equipment. At 7.45am you should be outside the roller doors with the Nippers in their Age Groups, hat & sunscreen applied, and ready to signed on. At 8.00am - activities begin.

Age managers often require assistance so please offer to help if you can.

Under 14 Nippers

As the senior Nippers of the club the Under 14's have a more flexible program on Club Sundays. They are role models to the younger age groups and often help with leadership tasks and water safety. U14's may have specialist coaches and may also participate in a variety of different activities throughout the season.

Under 14's are expected to lead by example, be it in competition, while providing water safety or when simply participating with fellow Nippers on Sunday mornings.

Remember, be all you can be, and stand tall, for you are a Sunshine Beach Nipper!

Competency Assessments

Each season all children must complete a preliminary pool swim before they are able to participate in water activities on the beach and surf run-swim-run proficiency before they can compete at carnivals. Times and requirements are set out below.

Age Group @ 1st OCT	Pool Swim Competency	Run Swim Run Assessment	Competition Evaluation	Surf Education Award
U6	Kick on the wall with face in water 30 sec float	Nil	Nil	Surf Play 1
U7	Torpedo (push off wall) with face in water 30 sec float	20m run, 20m wade, 20m run	Nil	Surf Play 2
U8	25m freestyle & 1 min float	25m run, 25m wade, 25m run	25m run, 25m wade, 25m run	Surf Awareness 1
U9	50m freestyle & 1 min float	50m run, 50 m swim, 50m run	150m swim as per comp manual	Surf Awareness 2
U10	50m freestyle & 90sec float	50m run, 50 m swim, 50m run	150m swim as per comp manual	Surf Safety 1
U11	100m freestyle & 2 min float	50m run, 100 m swim, 50m run	288m swim as per comp manual	Surf Safety 2
U12	150m freestyle & 3 min float	50m run, 100 m swim, 50m run	288m swim as per comp manual	Surf Smart 1
U13	200m freestyle & 3 min float	100m run, 100 m swim, 100m run	288m swim as per comp manual	Surf Smart 2 Resus Cert
U14	300m freestyle & 3 min float-inc 200m swim in less than 5 mins	100m run, 100 m swim, 100m run	288m swim as per SLSQ comp manual	Surf Rescue Certificate

- Age group is determined by age on 1st October; U6 Nippers must be 5 years by this date to participate.
- U8's must complete lessons 6 & 7 from Surf Awareness One Certificate prior to completing their Competency Test.
- Competency assessments must be achieved to be eligible to compete at carnivals.
- Pool swims must be completed satisfactorily to participate in Club Sundays.

We do not teach children to swim; our aim is to develop their surf skills

To improve and enhance your nippers experience in our surf skills program we encourage you to book them into swimming lessons/squad training on a regular basis.

Surf Education Awards

An important part of our nipper program is the gaining of a yearly award. Every child must satisfy all the criteria of their relevant award and achieve a 60% attendance on Club Sundays to receive this qualification.

Training for these awards commences as soon as the season starts so **attendance from the beginning of Nippers is essential**. Our Age Managers program and review all the appropriate skills necessary to pass the award during the first 3 months of Club Sundays even though the Nippers may not be aware they are doing it!

- Surf Play 1 & Surf Play 2 - For U6's & U7's introduces beach safety, patrols, where to find help etc.
- Surf Awareness - For U8's & U9's begins the development of surf awareness and skills, & develops knowledge of recreational safety in an aquatic environment.
- Surf Safety - For U10's & U11's builds & enhances the ideas, knowledge & skills learnt in surf awareness & introduces hazards and issues of self survival .
- Surf Smart - For U12's & U13's introduces children to surf life saving patrol activities and focuses on the basics of lifesaving practices such as resuscitation and first aid.
- Surf Rescue Certificate (SRC) - For U14's. At 13 years of age members are eligible to train for their first Surf Lifesaving award, the Surf Rescue Certificate. The SRC is a traineeship for the Bronze Medallion which can be gained at 15 years. The SRC is also the minimum requirement for water safety duties. Nippers who wish to compete up in Senior carnivals must gain their SRC before they can do so.

Parental Involvement

Like all volunteer organisations we need help in many ways:

- Water Safety - In keeping with SLSQ policy we must have one Water Safety Officer (minimum award SRC) for every 5 children in the water (every 10 at carnivals). If you would like to join our water safety team please let our Water Safety Coordinator know so that you can be booked into the first available course.

An SRC course requires a qualifying swim of 200m in less than 5 minutes. Training involves approx. 36 hours of contact time with a qualified trainer and includes basic First Aid, CPR techniques, surf skills, rescue techniques and patrol practices . Courses are usually run over a 6 week period requiring one evening and one weekend morning of your time each week.

- Officials – Similarly we must provide 1 official for every 10 competitors at carnivals. Again parents are asked to register for the next available official's course. This is run by Branch HQ at Mooloolaba and generally takes a few hours. Participants have to be minimum 18 years old, complete approximately 3 to 4 carnivals and be judged competent to gain their Level 1.
- BBQ – Will be run at times throughout the season on Club Sundays. Our BBQ Coordinator needs a crew to help so please put up your hand to assist .

- Workforce - Getting all the equipment set up prior to the commencement of Club Sundays and ensuring the gear is washed off, packed up and put away afterwards is the task of the workforce. The workforce is guided by our Gear Steward who is responsible for ensuring all equipment is in good working order.

The unique nature of this organisation is that it caters for a diversity of interests and skill levels. Sunshine takes pride in being a family oriented Club and encourages parents to be involved. It's a great way to meet everyone and; it's your club, the more you contribute, the more you will gain!

Please tell the Committee of any service, sponsorship, abilities you have that you could volunteer to help our club.

Fundraising

Junior activities rely heavily on fundraising for all aspects of Nippers. From equipment purchases and maintenance, to BBQ's, the end of season trip, Presentation Day, swim and accommodation subsidies (see page 11), it all costs money.

If you have any ideas please mention it to the Committee.

All families are expected to support our fundraising efforts and need to be actively involved in fundraising events.

Our major fundraisers are :

- Surf Rescue Appeal (Tin Shake)- This is a statewide fundraiser. Nippers are set up (under parental supervision) at selected shopping centres to collect money in tins.
- 10 Grand in the Hand– This event is our biggest fundraiser and requires selling 400 tickets at \$100 each over a couple of months as well as a huge promotional effort via posters, newspaper advertising and the local radio. 10 Grand culminates in a fun, entertaining and exciting draw held on an afternoon at the Club late in the Nipper season.
- Raffles - A variety of groups of club members sell raffle tickets at the Surf Club and at other locations in the local community to raise money for all sorts of club needs. Our Competitive U11-U14 Nippers are allocated Sunday afternoons to sell raffle tickets at the club from 3.00pm. Allow 2 - 3 hours to sell the tickets as sales depend on the amount of patrons in the club at the time as well as the persuasiveness of the sellers. Nippers are expected to wear Sunshine Beach Nipper shirts and/or caps to sell raffle tickets. **Parents must accompany children whilst selling raffle tickets in the club** as it is a licensed venue. It generally isn't difficult to sell the tickets as people love hearing stories from the kids about Nippers. Please help by nominating the Sundays that you are available.

Club Championships

Club championship competitions are held on one or two Club Sundays during the season and all Nippers are encouraged to participate. In the event of poor conditions at Sunshine on the day the venue may be changed. If this is decided a red flag will be placed outside the roller doors at the club and all Nippers members and families should proceed to Noosa Beach Middle Groyne for the carnival.

Events are:

U 6	Shallow Wade			Sprints	Flags
U 7	Shallow Wade			Sprints	Flags
U 8	Shallow Wade	Deep Wade		Sprints	Flags
U 9	Wade	Swim	Board	Sprints	Flags
U 10	Wade	Swim	Board	Sprints	Flags
U 11	Swim	Board	Ironperson	Sprints	Flags
U 12	Swim	Board	Ironperson	Sprints	Flags
U 13	Swim	Board	Ironperson	Sprints	Flags
U 14	Swim	Board	Ironperson	Sprints	Flags

Point system:

1 st	6 points
2 nd	5 points
3 rd	4 points
4 th	3 points
5 th	2 points
6 th	1 point

NB: U6's & U7's do not compete for points or places.

Age Champions are selected based on the results of the "Club Champs" and awards are presented at the Presentation Day ceremony at the end of the season.

To be eligible for age champion points a Nipper must attend approximately 60% of Club Sundays throughout the season, at the discretion of the Committee.

A child will be deemed as attending Club Sundays if he/she is competing at a carnival approved by the JAC.



Coaching Programs

To enhance the Nippers experience, Sunshine Nippers also runs mid-week skill development and fitness programs conducted by paid coaches. The cost of these sessions is subsidised by Junior Activities fundraising. Programs cater for all ability levels in beach, board and swimming for U8's up to U14's. Please check the website for dates and times of sessions.

Surf Skills Program - This program provides all U8 - U14 nippers with the opportunity to improve skills in a fun environment with the aim of developing competent nippers and future lifesavers.

Sessions involve open water board paddling and swimming under the direction of a coach with qualified water safety provided by parents.

Sessions commence in the September school holidays and are held at the bay in Noosa Woods for a few weeks before moving to middle groyne on Noosa Beach when the coach believe the participants are ready.

Children will be assessed by the coach on their first day of participation ensure their competency to join in this program.

Nippers must be attending at least one swimming lesson/squad per week to participate.

Beach Program - Once or twice a week after school nippers have the opportunity to participate in flags and sprint training as well as practicing baton changing, transitions and general developing beach fitness. Look out for details on the website.

Under 11– 14 Development Program - This program is for nippers that wish to represent the Club at carnivals, have a desire to increase their competition abilities and aim to become active patrol members.

All U11-U14 nippers are encouraged to attend. Sessions include long board and short board training, surf swimming and ironperson activities and are held at Sunshine and Noosa beaches.

Participants must be: attending swim squad training 2-4 times per week; participating at carnivals; 60% attendance on Club Sundays; have a positive attitude to their training, and; have good rapport with and respect for their team members, coaches and families.

Coaching programs are only available provided we meet our fundraising commitments.



Subsidies

Sunshine Beach Nippers endeavours to provide the best nippers experience for all our members as we possibly can. We understand that the cost of participating in everything that Nippers has to offer can be prohibitive so we do our best to raise the funds need to subsidies many of our activities and ensure that no child misses out.

All subsidies depend on our fundraising efforts; the more we raise the more we can offer. Funds are used on a priority basis and activities which directly support lifesaving always have priority however with the support of ALL our members we are usually able to raise enough to assist with the following:

- Coaching Programs - Sunshine Beach employs qualified coaches to assist us with providing the best training possible. Our fundraising efforts cover the cost of this employment which allows your children to participate in most of these sessions free of charge. See page 10 for details of coaching programs currently on offer.
- Training Programs - The Surf Rescue Certificate for water safety officers, Officials courses and coaching courses that supply all our qualified personnel all come at a cost. In fact even the surf education programs that our nippers train for have a financial component. All these programs are paid in full from our fundraising efforts.
- Team Uniforms - Team spirit is an essential ingredient in being a winning Club. A key component of this is ensuring our members are supplied with a smart team uniform. Our fundraising covers the cost of this and we rate it as a high priority; after-all our competitors are representing Sunshine Beach SLSC.
- Swim Subsidies - Sunshine Beach Nippers are encouraged to participate in swim squads to enhance their surf skill acquisition. To promote this we aim to provide a subsidy to swim squads participants who actively engage in nippers and our fundraising efforts. Nippers may swim with any coach but they must be in mini squad level or higher. In the past we have paid up to 50% of a NAC squad pass during the Nipper season (or the equivalent if the squad is run elsewhere) provided the nipper participates in regular Club Sundays and only if they also participate in Nippers fundraising activities. Our intention is for this program to continue for years to come. For more information on swim subsidies please speak to our Nippers Chairman.
- Board Subsidies - Board subsidies have also been made available to Nippers who participate in the U11-U14 Development Program. Again we hope to continue with this program. Conditions apply, please read the Competitors handbook for more details or speak to our Nippers Chairman.

Carnivals

Competition takes place several times during the season within our Branch, at mini local carnivals and occasionally in other Branches.

All Nippers are encouraged to participate in our Club Champs, 3 Way Carnivals and the Rainbow Beach Carnival which is a fun carnival and occurs early on in the season. There is no alternative to Nippers on these days and as such these events become our Club Sundays.

If your child is in U11 - U14 and interested in a higher level of competition, you should obtain a copy of the Competitors Handbook.

Sunshine Coast Branch runs non competitive carnivals for U8-10 nippers. As such, no placings are awarded and all competitors are rewarded with participation certificates and/or medals.

- How to Nominate - Carnival nomination sheets are placed on the Nipper notice board located at the bottom of the stairs, outside the Lifesaving Administration office.
Fill in the details for your child on the correct sheet, and tick the events that they would like to compete in. Do not alter any other child's nomination.
No phone nominations will be accepted by Team Managers or the Club, and only under exceptional circumstances are nominations considered after the closing date.
Nominations close at least two weeks before the carnivals. Check the notice board for details. Please remember that on the day your child could be competing in heats, semis and finals for one or all of their events.
Select carefully..... each entry costs money.
- Carnival Fees - Entry fees are paid by Sunshine Beach SLSC. The fee is non-refundable, so we do ask that you honour this commitment and we reserve the right to seek reimbursement of fees from "no shows" and "pull-outs" on the day (exceptional circumstances may be exempt).
Late nominations will be accepted provided the parent is willing to pay the late fee of approximately \$35 per person per event –payable on the day.



- What to Take - Nippers must be dressed in full Club uniform with a Club competition cap secured under their chin at all times during competition. Competitors will also need a hat, a shirt to prevent sunburn while waiting in the competition arena for their event, plenty of sunscreen and water. They will also need a couple of towels, items specific to their events such as goggles, racing singlet, nipper board, wax & scraper and perhaps wet/cold weather gear as well as food and drinks. Food and drinks are often available for purchase at carnivals but we recommend that you come prepared with your own if possible. Good choices include snacks such as fruit, pasta, energy bars and crackers. With perhaps a few lollies and/or an endurance drink for a bit of extra energy. You and your nippers may like chairs to sit on and you may also like to bring a hat, thongs (the sand can become very hot for the spectators) and sustenance for you. NB: All Nippers carnivals are alcohol and smoke free environments.

Sunshine Beach Nippers cannot compete at carnivals without the full support of the Club and family. Therefore, if your child competes you must be prepared to help as an Age Manager, Official, Water Safety Officer, tent manager, or assistant to one of these roles as well as helping with set-up and pack-up.

Only the Club official photographer can take photos of children inside the competition arena. Our photographer will endeavour to take photos of all children competing, however they cannot be in more than one place at the one time. Spectators are permitted to take photos at most carnivals from behind the barriers. Please understand these rules and abide by them.



Presentation Day

All Nippers are recognised for their efforts throughout the year on Presentation Day held at the end of the season.

From Under 8's through to Under14's 1st, 2nd & 3rd place getters are presented with trophies and those who have completed their Surf Education Award will also receive certificates. Under 7's receive a special medallion for their efforts throughout the year.

- Ken Brown Encouragement Award - acknowledges that Nipper who always tries hard, attends regularly on Club Sundays and perhaps does not achieve much recognition. This award is presented to a Nipper in each age group from Under 8's to under 14's with one of these recipients to receive the overall perpetual trophy, that being voted on by committee and age managers.
- Sunshine Spirit Award - presented to the nipper who epitomises the culture of Surf Life Saving.
- Most Improved Junior - awarded to a nipper from the U8-10 age groups who has shown development in surf skills and in their understanding of Surf Life Saving.
- Competitor of the Year - awarded to a nipper from U8's-U10's who has competed successfully over the season in a range of carnivals.
- Nipper of the Year - this prestigious award is presented to the nipper not only does well in competition but who displays the qualities of leadership, drive, good sportsmanship and loyalty.

Those successful in qualifying for the Sunshine Beach Nipper Team to compete at the State Titles are also acknowledged and presented with their Team Uniforms.

There are also a number of awards that are presented after the State Titles

- Competitors' competitor - the recipient of this award is chosen by the State team members. Such a person is thought to be an all round good person as well as a strong competitor and is generally an U14 nipper.
- Most improved - awarded to nippers in the U11-14 group who displayed increased development in surf skills and improved understanding of Surf Life Saving.
- Outstanding achievement - the best surf skills performance in each U11-14 group
- Senior Competitor of the Year - awarded to a nipper from U11-14's who has competed successfully in a range of carnivals throughout the season.
- Senior Points Champion - awarded to the nipper who achieved the most points in competition for the season
- Team of the Year - awarded to the team of members whose performance at carnivals was considered the best and most consistent overall.

Working with Children Screening Policy

Surf Life Saving at all levels is committed to the health, safety and well being of all of its members and is dedicated to providing a safe and enjoyable environment for them.

In order to protect our members 18 years and under from all forms of physical and mental abuse, injury exploitations and violence, and also to protect the adults who work with children, SLSA has adopted the policy of the National Council related to the screening of all people who work with children.

Sunshine Beach SLSC provides this screening FREE of charge and all parents/guardians MUST comply. New members will have completed an application at sign-on and renewing members may have been sent an application in their renewal pack.

Bluecards, as the proof of screening has come to be known because of the colour of the card you receive on approval, last for 3 years or for Teachers and Police Officers, for the term of their employment. Please be sure to keep your bluecard up to date and carry it with you whenever you are helping out with Nipper activities. It can take up to six weeks to have it renewed and if it expires you will not be permitted to help with any club activities until you receive your updated card.

Bluecard application and renewal forms are available from Club Reception and renewal applications must be returned via the Club to allow registration on Surfmate, the Surf Life Saving database - please do not forward directly to the National Council. If you hold a bluecard that was not issued through Surf Lifesaving you can complete an authorization form (also available from Reception) which will allow Surf Lifesaving to have access to your details.

ALL parents of nippers MUST obtain this card.

Code of Conduct - Members/Parents

1. Respect the rights, dignity and worth of others;
2. Be fair, equitable, considerate and honest in all dealings with others;
3. Be aware of and maintain an uncompromising adherence to, SLSA standards, rules, regulations and policies;
4. Be professional in and accept responsibility for actions;
5. Make a commitment to providing quality service;
6. Use equipment and facilities for their proper purposes and care for and maintain such facilities and equipment correctly;
7. Refrain from anything which may abuse, intimidate or harass others;
8. Preserve and protect the standing and reputation of the Association;
9. Understand the consequences of any breach of SLSA's Member Protection Policy or Codes of Conduct.

Code of Conduct - Competitors

1. Play for the “fun of it,” not just to please your parents or coach.
2. Play by the rules.
3. Never argue with the officials’ decision. Let your Team Manager ask any necessary questions.
4. Control your temper “no mouthing off,” breaking sticks, throwing boards or other equipment.
5. Work equally hard for yourself & your team-your team’s performance will benefit and so will your own.
6. Be a good sport. Cheer all efforts, whether for your team’s or for your own.
7. Treat all participants as you yourself would like to be treated. Do not interfere with, bully or take unfair advantage of any player.
8. Remember that the goals of the game are to have fun, improve your skills & feel good. Never show off or always try & get the most points.
9. Co-operate with your coach, team mates and opponents, for without a team you do not have a game.

Code of Conduct - Coaches/Officials

1. Respect the rights, dignity and worthiness of others;
2. Be fair, equitable, considerate and honest in all dealings with others;
3. Be aware of and maintain an uncompromising adherence to SLSA standards, rules, regulations and policies;
4. Be professional in and accept responsibility for actions;
5. Make a commitment to providing quality service;
6. Use facilities and equipment for their proper purposes and care for and maintain such facilities and equipment correctly;
7. Refrain from anything which may abuse, intimidate or harass others;
8. Preserve and protect the standing and reputation of the Association;
9. Understand the consequences of any breach of SLSA’s Member Protection Policy or Codes Of Conduct;
10. Be responsible for matters concerning the coaching, training, development and competition of surf lifesavers;
11. Maintain a ‘duty of care’ towards others and accountability for matters relating to training and competition;
12. Have a good sound working knowledge of SLSA’s policies, rules and regulations, officiating and coaching techniques;
13. Ensure that any physical contact with others is appropriate to the situation & necessary for the person’s skill development;
14. Provide a safe environment for training and competition;
15. Be a positive role model for surf lifesaver and SLSA.

Notes



Then

and

now...