



SUNSHINE BEACH
SURF LIFE SAVING CLUB INC

PATROL HANDBOOK

For all current info, go to resources and forms on the [club website](#)

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MISSION STATEMENT

“Sunshine Beach Surf Life Saving Club will provide and promote a surf lifesaving service in a fun and safe environment which will enhance the recreation lifestyles of our community and its members”

CLUB DETAILS

Sunshine Beach Surf Lifesaving Club

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INTRODUCTION

This handbook is issued for the use by all **Patrolling** Active, Cadet, Award, Long Service & Life Members. It is intended to provide information & guidelines for these members to refer to as part of their commitment to the activities of the Sunshine Beach Surf Lifesaving Club.

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BEING A PATROLLING MEMBER

Registration

Membership includes insurance coverage and affiliation with both Surf Life Saving Queensland and Surf Life Saving Australia. The lifesaving membership term runs from 1st August to the 31st July each year. Renewals are required as soon as possible from 1st July to ensure your insurance remains secure. Be sure to keep your details up to date to avoid missing out on important Club information.

Automatic renewals will only be accepted from those members who are currently award proficient and have patrolled more than half the minimum hours for the previous season (see below). Renewals of other members maybe vetted by the Management Committee.

New applications and Transfers must be approved by the Management Committee and fees must be paid prior to participation in any club activities including training courses.

As part of being a patrolling member, certain obligations apply to receive the benefits the club has to offer.

Patrolling Obligations

Patrolling the beach is the underpinning priority for members in any Surf Life Saving Club. Patrols have priority over and above all other club activities, including surf sports events. Active, Cadet (SRC) and Award members have an obligation to fulfil their patrolling duties, with the following considerations in mind:

- Fulfil your rostered patrol obligations as best as possible. You can inform your Patrol Captain first if unable to attend a rostered patrol, who then maybe able to waive the requirement to find a substitute. Note that the following patrol infringements will trigger an immediate review of access to membership benefits e.g. **swim squad & craft subsidies, gym access, ocean squad training**.
 - *Not patrolling at least 3 times over any 3-month period (3 in 3) - rostered or substitute*
 - *Failure to inform your PC of a patrol non-attendance three (3) times over the entire patrol season.*
- As a patrolling member, the expected minimum number of hours expected for a full season (prorata partial) to access all membership benefits are:
 - Active/Award: 40
 - Cadet SRC 30
- Attend yearly Proficiency training and assessment
- Obey SLSQ, SLSA & SBSLSC member policies and codes of conduct
- Wear your Surf Life Saving Patrol Uniform as per Surf Life Saving Policy
- Use club equipment responsibly.
- Keep your contact details up to date.

Additionally, if you are a participant of a specific group within the Club, such as Nippers, Seniors or Masters competitors, you may also be expected to attend to fundraising duties for that section.

Patrolling Benefits

- Members receive all year round a 10% discount on drinks at the Supporters Club bar (except bottled wine) and a 20% discount on meals in the Surf Club restaurant.
- No surcharge on Public Holidays
- A 30% discount on meals on a patrol weekend (instead of the usual 20% stated above)
- One drink voucher per completed patrol
- SLSQ Insurance Levy
- Gym Access – subject to the [Gym Policy](#)
- Occasional Active Club BBQ's
- Active Christmas Party
- On-Patrol Refreshments
- Ocean Squad Training (Wednesday morning)
- Casual entry NAC squad training for \$10.50 on presentation of membership card (subject to change without notice)
- Swim Squad Subsidies – subject to the [Swim Squad Policy](#)
- Access to additional training (levies may apply)

Additional Benefits

- 60+ Patrol Hours: Free Annual Dinner Ticket

Note: for a complete list of all membership categories, see APPENDIX A

PATROL INFORMATION

Hours

Patrols commence on the first weekend of the September school holidays and finish on the Monday of the May long week-end. Members are assigned to a team with whom they patrol all season. Patrols work in shifts from 7.00am - 12.00pm & 12.00pm - 5.00pm on Saturdays, Sundays and all Public Holidays throughout the season. During the Christmas period until the end of the January school holidays, patrols work 7.00am - 12.30pm & 12.30pm - 6.00pm. Christmas day maybe split into 3 shifts.

Finding a substitute

If you cannot make your rostered patrol, in the 1st instance, you may advise your PC and ascertain if a substitute will be required. If a substitute is required, look for a member with similar/same qualifications as deemed necessary by your PC. Substitutes may be found using the members portal, or by communication with other members on the Sunshine Beach Patrol Members Facebook Page.

Uniform

Appropriate swimwear or Club swimwear, patrol shorts and patrol shirt must be worn and a patrol quarter cap secured on the head at all times. A red surf lifesaving hat is provided and sunglasses are highly recommended. Generic caps are not part of the uniform. If you prefer a cap you can purchase a red surf lifesaving peaked cap from admin. Your patrol uniform can only be worn while on patrol or at an SLSA approved activity; no exceptions.

You are expected to take good care of your uniform and will be charged for a replacement item if you lose something. Uniform items that have suffered wear and tear should be given to administration so a replacement can be issued.

Minimum Patrol Strength

There are many awards within the surf lifesaving movement and it is encouraged that members build on their qualifications by attaining some of these awards. It is a goal of the committee to continue upskilling all members. There is however a minimum requirement of awards that each Patrol Group is to carry and they are:

- 3 x Bronze Medallion Holders
- 1 x Advanced Resuscitation Techniques
- 1 x First Aid
- 1 x IRB Crewperson
- 1 x Silver Medallion (IRB Driver)
- 1 x Silver Medallion (Patrol Captain/Beach Management)

A full description of these awards plus all other attainable awards is outlined in APPENDIX B.

Skills Maintenance

This is an annual assessment of competency. If you hold one or more of these awards; BM, SRC, ARC, Defib, ROC, OBS, IRBC, SMIRBD, OFA (CPR component) you will need to attend a proficiency. You will have to demonstrate a range of skills related to each award that you hold. An award gained after June 30 does not require a proficiency in the year that it was attained.

Proficiencies dates are set prior to the start of the season and all members must be proficient by 31st December each year. Details are advertised in the Club newsletter and via emails. Members who do not complete their proficiency by December 31 are not permitted to participate in any further patrol or surf sports activities for the season.

Patrol Duties and Responsibilities

See APPENDIX C

FACILITIES

Sunshine Beach Surf Life Saving Club has a number of facilities for the specific use of Active members. Access to facilities when not on patrol is via a FOB system. See administration to organise purchase of a personal FOB.

Shower & Changerooms

Changerooms including hot showers and toilets can be found on the ground floor on the south eastern side of the clubhouse. These are for the exclusive use of all Active members. Non-Active members should be directed to the public toilet facilities in the park. Please consider fellow members and keep showers brief and the area clean and tidy. Report any damages to administration. Do not leave valuables in the Changerooms. The Club takes no responsibility for loss or damage of personal items.

NB: Children must be supervised by an adult at all times when in the Actives area.

Kitchen

The eastern end of the building also houses a lounge area and kitchen that are available for active members use. The Actives area is used regularly during the season for training and nipper activities and must be kept clean and tidy.

Gymnasium

Please refer to Gym policy for conditions associated with gymnasium use.

GEAR AND EQUIPMENT

Club gear may only be used by members who have the appropriate awards to do so.

Lifesaving Equipment

Rescue boards, body boards & rescue tubes can all be used by patrol members while on patrol under the supervision of your Patrol Captain. Patrol members can also borrow this gear out of hours to hone their skills - see the Gear Steward or Club Captain if you wish to do this.

SSV (Side-by-Side Vehicle), IRB (Inflatable Rescue Boat), RWC & Tractor

These vehicles or craft can only be used by those who have completed the appropriate accreditation and who hold a current driver's licence. Only qualified IRB/RWC drivers with a marine license are permitted to drive the IRB/RWC respectively and only qualified crew or members in training under a qualified trainer may participate in IRB/RWC activities.

Competition Surfcraft

Please talk to the Board & Ski Officer or Surf Sports Officer if you would like to borrow any competition craft.

Reporting Damages

Please inform your Patrol Captain and/or the Gear Steward if you damage an item or if you notice any damaged gear so that it can be repaired.

NEWS AND INFORMATION

Club Website

www.sunshinebeachslsc.com.au

Social Media Apps

In addition to the club website, the club currently utilises two social media sites for communication purposes. Email admin for access.

- Facebook – “Sunshine Beach Patrol Members” is a closed Facebook page that many members use to organise subs, announce social activities etc.
- Team App – downloaded as an app on your phone or searchable on the web. Look for “Sunshine Beach SLSC”.

SMS

Text messaging is used to remind patrol members of their patrol Commitments and raffle duties. SMS is also used for urgent messages such as sudden changes to event details. Be sure keep your details up to date at www.lifesavingonline.com.au

Administration

Phone: Reception on **5447 5491** and ask for admin or follow instructions for direct connection or email lifesaving@sunshinebeachslsc.com.au. Administration is open Monday to Wednesday, Friday 8.00am-4.00pm, Thursday 8am-2pm. If you want to visit the admin office before the Club opens its doors to the public at 11.00am you will need to gain access via the Actives door on the southern end of the building. Entry is via Actives Fob. (Available for purchase at Admin)

PARKING

Parking is available at the front of the club, however active members, including nipper parents are expected to leave their vehicles on the other side of the park whilst participating in Nippers activities or patrol duties. The “prime positions” are reserved for club patrons who bring in much needed funds.

Note: You are not allowed to park at the back of the surf club.

SECURITY

The Actives area of the club can be accessed via the Actives door on the south/east end of the building. You will require a fob to use this door. See administration to get order either a key tag or a waterproof wristband (\$10 each).

The roller doors are easy to open and close by simply depressing the red button hanging from the top of each door. Please be sure to close the roller doors before you vacate the building. For security purposes no doors are to be left open unattended at any time.

Children must be accompanied by an adult when in the Actives area of the Club.

SURF SPORTS

Surf lifesaving is recognised as the most effective surf rescue service in the world and surf sports, the competition arm of the lifesaving movement, helps to keep it that way. Surf sports play a key role in improving lifesaving skills, fitness and motivation.

There are many surf sports events each year in Queensland including club carnivals, regional events, state, national and even international competitions.

Our surf sports program aims to provide opportunities for all patrol members and our Nippers to improve their skills and to actively compete and represent Sunshine Beach SLSC at carnivals.

All surf sports competitors must fulfil their patrol obligations (as listed previously) throughout the season to be eligible for active benefits, training and craft subsidies.

For more information refer to the Surf Sports Handbook

YOUTH DEVELOPMENT

Youth development focuses on members between the ages of 14-25 years. These members are often referred to collectively as “Cadets” although their membership categories actually include the younger members of the Active category and Cadet members.

Cadets are encouraged to plan and organise events specifically for their own group and to include fundraising activities to help cover the costs of such events. This practise helps to prepare our young members for leadership roles in the club further down the track and also contributes to a strong sense of loyalty and team cohesiveness.

Of course, our cadets are also encouraged to be part of the larger organisation and are very often involved in the running of club activities that encompass the entire membership.

APPENDIX A

Current Membership Categories

Most newcomers commence their membership as an Associate (such as parents of junior members) or a Probationary member who becomes an “active” when they have completed the appropriate training. If you have transferred from another Club please be aware that you may not be afforded the same status. Active Reserve and Long Service status is not automatically transferred and must be applied for in writing.

Active Member

- 15 years or older
- Holds a Bronze Medallion
- Is assigned to a patrol team and rostered duties
- Must complete an annual proficiency assessment
- Encouraged to gain additional awards to support patrol duties

Cadet Member (Active)

- 13 - 15 years old
- Holds a Surf Rescue Certificate
- Is assigned to a patrol team and rostered duties and provided with on the job training under the supervision of the Patrol Captain
- Must complete an annual proficiency assessment

Award Member

- Must hold an SLSQ qualification such as Radio Operator, Apply First Aid or Surf Rescue Certificate
- Is assigned to a patrol team and rostered duties
- Must complete an annual proficiency assessment

Long Service

- May be granted to a member who has completed 10 years active service or 8 years active service plus 4 years active reserve service upon application in writing to the Management Committee
- Holds a Bronze Medallion
- Exempt from patrol duties, unless wanting to compete (see Surf Sports)

Life Member

- Life Membership may be awarded to members who have given 15 years exemplary service to lifesaving including patrol duties and club obligations.
- Only awarded at the AGM with Club Council approval following recommendation by the Executive Committee.
- Holds a Bronze Medallion
- Exempt from patrol duties, unless wanting to compete (see Surf Sports)

Associate

- Must be 18 years or older
- May hold an SLSQ qualification for Nippers activities such as age manager or water safety (SRC)
- Nippers Water Safety officers must complete an annual proficiency assessment
- Does not participate in patrol duties

Junior Activities (Nippers)

- Nippers is for children from 5 years old (@ 1st Oct) to 13 years old
- Nipper activities are focussed on fun and surf education. U11 - U14 nippers can also compete at carnivals up to State level and U8 - U10 nippers can try out carnivals just for fun.
- Nippers is held on Sundays 7.45 - 9.30am approx. (Runs from September to March)

Active Reserve

- Active Reserve Membership may be granted to Active Members who have satisfactorily completed (from the gaining of the Bronze Medallion) at least eight (8) years of patrol and Club obligations as provided by SLSA and Club constitution.
- Reserve Active Membership shall not be automatic but shall be granted by resolution of the Board.
- Reserve Active Members shall perform a minimum of twenty patrol hours per season and further patrol duties at the discretion of the Lifesaving committee.
- Reserve Active Members shall complete the annual proficiency test.
- Reserve Active Members shall have the right to be present, to debate and to vote at General Meetings.
- Notwithstanding the first point, Reserve Active Membership may be granted under exceptional circumstances to Active Members irrespective of years of service.

APPENDIX B

Award Qualifications & Prerequisites

- Surf Rescue Certificate (SRC)
 - The Surf Rescue Certificate is intended for young people aged between 13 and 15 years.
 - 13 Years of age on assessment
 - Complete a 200m pool swim in 5 minutes or less
- Bronze Medallion (BM)
 - 15 years of age on assessment
 - Complete a 400m pool swim in 9 minutes or less
- Advanced Resuscitation Techniques (ART)
 - 15 years of age on assessment
- IRB Crew Certificate (IRBC)
 - be at least 15 years of age on the date of final assessment
 - hold and be proficient in the SLSA award - Bronze Medallion
- Silver Medallion (IRB Driver)
 - be at least 16 years of age to commence training
 - be at least 17 years of age on the date of final assessment
 - hold and be currently proficient in:
 - Bronze Medallion/Certificate II in Public Safety (Aquatic Rescue)
 - IRB Crewperson Certificate
 - meet the local state Marine Licensing requirements
 - hold the following units of competency (normally attained on completion of the Bronze Medallion/Certificate II in Public Safety (Aquatic Rescue):
 - PUACOM001C Communicate in the workplace
 - PUAEME001B Provide emergency care or HLTF201A Provide basic emergency life support
 - PUAOPE002B Operate communications systems and equipment or PUAOPE013A Operate communications systems and equipment

Note: The Club will reimburse the cost of a marine license (incl. any required Boat Safe course costs) if obtained within the previous 18 months of signing up to a successfully completed course.
- Silver Medallion (Patrol Captain/Beach Management)
 - 17 years of age on the date of assessment
 - Hold the Bronze Medallion award and the Certificate II in Public Safety (Aquatic Rescue)
 - Candidates must be proficient and hold **one** of the following awards;
 - Bronze Medallion
 - Radio Operator Certificate
 - ART [AID]
 - Apply (Senior) First Aid or First Aid [AID]
- Rescue Water Craft Operator (RWC)
 - Hold a current and be proficient in Bronze Medallion Certificate II in Public Safety (Aquatic Rescue)
 - Have a Marine Driver's License
 - Be at least 18 years of age to commence training and 18 years of age at assessment
 - To meet the requirement of two (2) Op Support Wave Runner shifts per season in addition to the annual proficiency session.

Note: The Club will reimburse the cost of a marine license if obtained within the previous 18 months of signing up to a successfully completed course. Reimbursement is for Boat only
- First Aid Certificate (AID)
 - 15 year of age on Assessment
- Training Officer and Assessor Certificates
 - Hold current and proficient Bronze Medallion and the award you wish to train and assess
- Rescue Water Craft Crew (RWCC)
 - Hold a current and be proficient in Bronze Medallion Certificate II in Public Safety (Aquatic Rescue)
 - Be at least 16 years of age

APPENDIX C

Patrol Duties and Responsibilities

Prevention, Recognition, Rescue, Recovery

Patrol members must turn up ready to patrol at least 15 minutes before the rostered start time to help with set-up or hand-over and you must sign-on in the patrol attendance log before you commence any activities to ensure you are covered by SLSQ insurance.

The Patrol Captain is in charge of all beach operations including overseeing training and Nippers activities and their instructions should be followed promptly. Your PC should brief you on all activities planned for your shift and assign you to a duty in the event of an incident. You are expected to listen to instructions from your PC and fulfil all patrol duties as are reasonably requested of you.

It is important that you become familiar with the Patrol Operations Manual (POM); this is the governing document for all patrol activities. You can view the POM on the SLSQ website: Log onto your members portal and search library.

Whilst on patrol let your PC know if you need to leave the beach and ask permission if you wish to go for a swim or take a rescue board out, to hone your skills, so your PC knows where to find you and workloads can be redistributed. NB: You cannot do other training e.g. ski paddle, whilst on patrol.

Waters' edge: While there is anyone in the water between the flags a patrol member must be on the waters' edge with a tube. If you are at the waters' edge it is recommended that you wear a bum bag. A bum bag contains: pocket mask; sun block; pad and pen; whistle; gloves.

Tower: No reading of newspapers, magazines, etc while in the towers.

Arena: The arena is usually set up between the flagged area and contains first aid, oxygen, defib, water, ice, etc.

SSV: This All-Terrain Vehicle (SSV) can only be driven by a licensed driver who has completed an SSV operator's accreditation and should only be used for patrol purposes. The speed limit is 5km per hour between the flags and 20km per hour in unpopulated areas. All beach goers have right of way.

IRB/RWC: The Inflatable Rescue Boat (IRB) or Rescue Water Craft (RWC) can only be driven by a qualified driver respectively, and the crew should also be qualified. Joy riding is not permitted. IRB/RWC training on patrol is permitted, but only under the guidance of a qualified trainer and provided your PC approves. Patrol members using the IRB/RWC must keep an eye on all swimmers and stay in radio contact.

Set Up & Pack Up

All patrol gear is transported to and from the beach in either the patrol trailer, towed by the tractor, or in the SSV. Only licensed drivers with a tractor operators accreditation may drive the tractor. Only SSV accredited drivers can drive an SSV.

Set Up Check List:

- Sign-on correctly in the Lifesaving Patrol Attendance Log Sheet
- Check all gear is operational – boards, tubes & fins, flags, water, ice, first aid, oxygen, defib, spinal board, sunscreen, blackboards, signal flags and radios.
- Sink the flag pyramids all the way into the sand and ensure all arrows are pointing the right way. The black & white checked flags should be about 30m out from the red and yellow flags. Make sure there is a condition flag in an obvious position and fill in the details required on the blackboard

to help keep the public safe.

- Put boards, tubes and fins at the waters' edge on either side of the patrol flags.
- The patrol arena should be set back from the waters' edge.
- Advise your PC of any non-functioning equipment and all gear that is operational.
- IRB/RWC on the beach – check fuel, radio and fill out the IRB/RWC Log book, mark with 6 witches hats and a water craft sign. Removed the IRB trailer from the beach (the RWC is parked on the trailer)
- First Aid Room – clean and tidy, oxygen available. Defib operational - know the location of each Defib unit.
- SSV – check fuel and all equipment – radio, rescue board, tube, spinal board, first aid, defib and oxygen in soft pack.
- Check the spare signage EG: beach closed, rips, stingers, etc.
- Test emergency evacuation alarm – make sure the public know it is a test only.

Pack Up Check List:

- Remove all equipment from the beach. Everything needs to be brushed down or hosed off before it is stored away. Check with a seasoned member if you are not sure where things go.
- Empty rubbish bins.
- Turn off radios, place on charge, hang bags and harnesses to dry, record any damage in the log book.
- Wash down the IRB/RWC and leave it ready for an out of hour's emergency – fueled and ready to go. Complete the IRB/RWC log book.
- Thoroughly clean the SSVs. Re-fuel. Return oxygen and defib to the First Aid room.
- Tidy the First Aid room. Make sure everything is in the correct place and lock the door.
- Check that the member's area of the club house is clean and tidy.
- Sign off correctly in the Lifesaving Patrol Attendance Log Sheet.

Log Books/LIMSOC

The Patrol Attendance Log, Lifesaving Patrol Log and Incident Report Log (using the LIMSOC app) are legal documents and must be completed and filled out correctly.

All first aid treatments must be recorded in the Lifesaving Patrol Log book, regardless of how minor the treatment is. Treatments that require an ambulance call out must also be recorded in the Incident Report Log.

Public Relations

Your patrol uniform stands out on the beach making you highly visible and the public will watch your every move. You may be asked a variety of questions: What are the orange buoys out there? Where is a good place to eat? Are there any sharks here? You will be surprised at what they expect you to know. If you don't know the answers just say so.

One of your key jobs is to help educate people about safety at the beach. If someone is doing something unsafe talk to them politely, explain that what they are doing is not safe and try to educate them in the correct way. Try not to gather in groups of more than 3 people as a group can be intimidating for a member of the public to approach for assistance.

Lifesavers have a high profile and must be seen to be doing the right thing. The public like to see lifesavers training, especially rescues and resuscitation scenarios, this kind of training is highly recommended.

Dealing with Media

Any dealings with the media should be directed to your Patrol Captain. Lifesavers are only to make comment if approval is given by both Sunshine Beach SLSC and SLSQ. Media can be persistent; please be considerate and polite – even if they are hassling you for a comment. Avoid saying “no comment” as this will make them more determined. Simply introduce them to your PC who will then direct them to the appropriate person.

Personal Injury

It is your responsibility to disclose any injuries that you have that may impair or hinder your ability to carry out lifesaving duties. Your workload or duties can be altered until you are fit to resume normal activities. However, if you are on workers compensation you will not be able to participate in any lifesaving activities until you can provide a clearance from your doctor. For all enquiries contact the Club Captain.

APPENDIX D

General Information for Members

Workers Compensation

In the event of incurring time off work and/or medical expenses as a result of sustaining an injury during approved and supervised lifesaving activities such as nippers, patrol or at an SLSA sanctioned surf sports event, Active members can apply for workers compensation. It is extremely important that all incidents are recorded on an Incident Report form and that the Club Captain is informed.

Please see Club Administration to complete a Workers Compensation form. This will be sent to Sunshine Coast Branch where the Branch administrator will handle your case on behalf of SLSQ, your employer. Members on Workers Compensation are not permitted to participate in any lifesaving activities (nippers, patrols or surf sports) until they can produce a clearance from their Doctor.

Grievances

From time to time an issue may arise that is more than just the grumblings of a member who is out of sorts. If you feel that a policy has been breached particularly if it relates to member protection you are encouraged to report the issue. Sunshine Beach Surf Life Saving Club has a grievance handling procedure and one of the following pathways should be taken:

- For patrol related issues first talk your Patrol Captain, if this is not possible or you are not happy with the response then put your complaint in writing addressed to the Club Captain.
- For non-patrol issues, a letter addressed to the Club Secretary (or Junior Activities Secretary) is the first step. Always put your issue down in writing so that you are not misunderstood and your message cannot become misconstrued. The Secretary will take your issue to the Management Committee to be addressed and you will be notified of any procedures that follow.

In the event that more needs to be done you may be referred to a Grievance Officer who will focus on investigating your claim and may call a judicial hearing. If you are dissatisfied with the outcome of the hearing you can ask that an independent Judiciary hear your case, and if necessary appeal at an even higher level. Grievances that reach these levels are typically severe in nature, take time to be resolved and the resolution doesn't always work in everyone's favour. Fortunately, most problems can be sorted out quickly if the right people are alerted straight away.

Member Protection Policy

Sunshine Beach SLSC is committed to the health, safety and wellbeing of all its members and is dedicated to providing a safe environment for participating in surf lifesaving activities. The Member Safety & Wellbeing Policy aims to ensure our core values, good reputation and positive behaviours and attitudes are maintained. It assists us in ensuring that every person involved in surf lifesaving is treated with respect and dignity, in a safe and supportive environment. This policy also ensures that everyone involved in surf lifesaving is aware of his or her legal and ethical rights and responsibilities.

Further information can be found in the Patrol Operations Manual.

Working with Children Screening (BlueCard)

In order to protect our members 18 years and under from all forms of abuse, injury, exploitation and violence, SLSA has adopted the policy of the National Council related to the screening of all people who work with children.

Bluecard registration lasts for 3 years, or for Teachers and Police Officers, for the term of their employment. Please be sure to keep your bluecard up to date and have it with you whenever you participate in lifesaving activities. Renewals can take up to six weeks and if your card expires you will be placed on restricted activities until you have a new one.

Bluecard forms are available on the Club website or from reception. Please return your application to the club for processing. If you hold a bluecard that was not issued through Surf Lifesaving please complete an authorization form (available from Reception) which will allow the Club to have access to your details. All Active Club members must obtain this card.

Code of Conduct for Members

- Respect the rights, dignity and worth of others;
- Be fair, equitable, considerate and honest in all dealings with others;
- Be aware of and maintain an uncompromising adherence to, SLSA standards, rules, regulations and policies;
- Be professional in and accept responsibility for actions;
- Make a commitment to providing quality service;
- Use equipment and facilities for their proper purposes and care for and maintain such facilities and equipment correctly;
- Refrain from anything which may abuse, intimidate or harass others;
- Preserve and protect the standing and reputation of the Association;
- Understand the consequences of any breach of SLSA's Member Protection Policy or Codes of Conduct.

APPENDIX E

Annual Lifesaving Awards

The following awards are announced at the Club's annual dinner after the end of the patrolling season. The recipients are determined by the Director of Lifesaving after consultation with the Patrol Captains, with the final selection to be reviewed by the Club President.

Patrol of the Year

Who has been the most professional patrol of the season.

Patrol Captain of the Year

Who has motivated their own patrol to achieve patrolling excellence.

Lifesaver of the Year

Who has done the best work over the season to the betterment of our "between the flags" capability, generally working behind the scenes with just "getting on with the job".

Most Improved Lifesaver

Who over the season have made the greatest impression on the club, with increased involvement in club activities & upskilling.

Most Outstanding New Lifesaver (Pat Fahey Memorial Award)

A new patrolling member who in their 1st full season have shown above average commitment and involvement.

Clubman of the Year

An existing patrolling member who has demonstrated over the year an exceptional effort and commitment for the betterment of the whole club.

Volunteer of the Year

An existing member (patrolling or not) who has demonstrated over the year an exceptional effort and commitment in any volunteering capacity to do with the club or elsewhere.

Youth Club Member of the Year

A youth and cadet member who has demonstrated over the year an exceptional effort and commitment for the betterment of the whole club.

SS Kuhn Disaster Cup

Named after member David Kuhn who managed to total a club ski on the SS Dickey in warm-up. This award is presented to a member who is completely out of control, creating or causing damage to craft, equipment, self and others.